

# HUMAN DEV AND FAMILY STUDIES (HDFS)

## Human Dev and Family Studies (HDFS) 201

### Human Development and Sexuality

A study of the social and psychological aspects of human sexuality. Topics include sexual development, cultural influences, gender identity, sexual dysfunctions, love and relationships. Emphasis will be placed on the mental and emotional aspects of human sexuality as well as current issues. Writing assignments, as appropriate to the discipline, are part of the course.

*Grade of C or better in PSYCH 201.*

3 Lecture hours. 3 Credit Hours.

**Offered At:** TR

## Human Dev and Family Studies (HDFS) 202

### Intimate Relationships

An overview of theories and research related to intimate/romantic relationships as well as family members, friends, and professional. Students will be encouraged to think critically about the various components of healthy relationships including comparative research within self expectations and effects of such as perpetuated by the media and other sources. Topics include communication, conflict, love, stress, strains, and overall impact on relationships. Writing assignments, as appropriate to the discipline, are part of the course.

*Grade of C or better in CHLD DV 101 and CHLD DV 102.*

3 Lecture hours. 3 Credit Hours.

**Offered At:** TR

## Human Dev and Family Studies (HDFS) 203

### Family Development/Cross Cultural Perspective

Course includes information on families and culture through an examination of research on child development, child rearing across cultures, and issues of equity, power and privilege. Readings and discussion on how culture and context influence all aspects of development whereby students gain in-depth understanding of families and lifestyles, communication and conflict, domestic violence, dysfunctions within families and inter-generational families. Course also provides a knowledge base for family assessment, understanding one's own family, tools to prepare one to work with families in a variety of settings and across the lifespan. Topics such as child rearing, language differences, racial identity, cultural traditions, and socio-economics status will be covered. Writing assignments, as appropriate to the discipline, are part of the course.

*Grade of C or better in CHLD DV 101.*

3 Lecture hours. 3 Credit Hours.

**Offered At:** TR

## Human Dev and Family Studies (HDFS) 204

### Family Life Education

Introduction to and history of the professional and practice of family life education, including needs assessment, evaluation of programs, understanding group process, and contexts of family life education. Writing assignments, as appropriate to the discipline, are part of the course.

*Grade of C or better in CHLD DEV 101.*

3 Lecture hours. 3 Credit Hours.

**Offered At:** TR

## Human Dev and Family Studies (HDFS) 205

### Internship for Human Development

Participation in occupational area of study, work experience under supervision of both college and employer. Internship objectives developed by student and faculty adviser, with approval of employer, to provide appropriate work-based learning experience at the site 15 hours per week. Writing assignments, as appropriate to the discipline, are part of the course.

*Completed and accepted application, Grade of C or better in CHLD DEV 101 and 102, all courses in HDFS program including any special certificates.*

20 Laboratory hours. 2 Lecture hours. 6 Credit Hours.

**Offered At:** TR

## Human Dev and Family Studies (HDFS) 211

### Principles of Human Services

This course provides a foundation in theory and principles of human services. The course will have a special focus on family-related human services. The course will provide the theoretical and practical underpinnings of human service work for those interested in serving families. Ten hours observing family-related human service work is required. Writing assignments, as appropriate to the discipline, are part of the course.

*Grade of C or better in CHLD DV 101 and ENGLISH 101.*

3 Lecture hours. 3 Credit Hours.

**Offered At:** TR

## Human Dev and Family Studies (HDFS) 214

### Basic Applications in Human Services

Human services professionals need to understand and implement behavior conducive work with individuals, families, and communities. Students will learn and apply ethical, professional, and culturally responsive behavior relevant to human services work. 20 hours observing family-related human services work is required. Writing assignments, as appropriate to the discipline, are part of the course.

*Completed and accepted application, Grade of C or better on CHLD DV 101-1, CHLD DV 102, ENGLISH 101, and HDFS 211*

3 Lecture hours. 3 Credit Hours.

**Offered At:** TR

## Human Dev and Family Studies (HDFS) 215

### Practicum for Human Services

Principles of human services will be applied during human services work-experience. Students will apply and interpret theoretical, professional, and culturally responsive content knowledge in an approved human services site. Practicum objectives developed by student and faculty adviser, with approval of employer, to provide appropriate work-based learning experience at the site 15 hours per week. There is a weekly 2-hour seminar discussion with classmates. Writing assignments, as appropriate to the discipline, are part of the course.

*Completed and accepted application, Grade of C or better on CHLD DV 101-1, CHLD DV 102, ENGLISH 101, and all HDFS courses*

20 Laboratory hours. 2 Lecture hours. 6 Credit Hours.

**Offered At:** TR